That’s Life!

THEME: EXPLORING THE ECOLOGY OF FOOD

ESSENTIAL QUESTION
How do all living things grow and change over time?

LEARNING OBJECTIVES
✓ Students will be able to identify different stages of a plant’s life cycle.
✓ Students will be able to draw the life cycle of a plant.

LESSON DESCRIPTION
In this lesson, students go on a life cycle scavenger hunt in the garden after exploring the different stages of a pumpkin’s life and reading a book depicting this life cycle. In groups, they find samples of each stage of a plant’s life cycle and draw the sequence.

PREPARATION
› Scout around the garden, and identify plants that currently display several different life cycle stages.
› Photocopy and cut out Pumpkin Life Cycle Cards.
› Photocopy Life Cycle Scavenger Hunt Worksheet.

ACTION STEPS
1. Engage: In the garden, gather students in a circle, and ask them to turn and talk to a neighbor about what they remember doing when they were a baby. Then ask, What can you do now that you couldn’t do when you were a baby? What things will you be able to do when you get even older? Explain that just like humans, plants grow and change over time and are able to do different things at different stages of their lives. (5 min.)

2. Sorting Pumpkin Life Cycle: Pass out the Pumpkin Life Cycle Cards to groups of students, and ask them to put the cards in order. Circulate through the room, observing the order and asking questions to check for understanding. (5 min.)

3. Reading: Say, We’re going to read a book about the life cycle of a plant to see if we put the pictures in the right order. Read Pumpkin Circle.

MATERIALS
■ One of the following children’s books: Pumpkin Circle by George Levenson or The Tiny Seed by Eric Carle
For each group of 3–4 students:
■ Pumpkin Life Cycle Cards (p. 374)
■ Life Cycle Scavenger Hunt Worksheet (p. 375)
■ Clipboard
■ Pencils
■ Tray, basket, or large yogurt container for collecting samples
4. Scavenger Hunt: Say, “You’ll now go on a scavenger hunt throughout the garden and find an example of a plant species at each stage of its life.” Explain that they’ll need to use two hands to pick the example, and remind them that they shouldn’t pick something if there aren’t more than ten still growing in the garden. Tell students the signal you’ll use to gather them back to you and then pass out the Life Cycle Scavenger Hunt worksheet on clipboards, and pass out the containers for collecting samples. (10 min.)

5. Drawing: Gather students back together, and have them lay out the samples they collected in the order of the plant’s life cycle, just like they did with the pumpkin cards. Have them work with their group to draw the different samples on their Life Cycle Scavenger Hunt Worksheet. (10 min.)

REFLECTION
Have students discuss the following questions in small groups, then share with the class: (5 min.)

• What plant did you find?
• Was it challenging to find your samples at each life cycle stage? What clues did you look for?
• Why does the life cycle begin and end with seeds?
• How are plants’ and animals’ life cycles similar?

ADAPTATIONS
Decomposition Extension: If you have a fruiting plant from the summer, such as a pumpkin or tomato, allow it to stay in the garden throughout the fall and winter, and have your class periodically check on it, keeping a log of their observations.

Seed-Saving Extension: Grow some plants out to seed, such as by letting a carrot, kale, or broccoli plant flower. Then have students collect all the seeds from the fall garden, putting them in separate envelopes and labeling them to take them home to plant next season.

Health Connection: Have students draw pictures of themselves at different stages in their own life cycles (i.e., as a baby, as a kindergartner, etc.). Discuss how eating well has helped them grow and can continue to help them grow over time.

ACADEMIC CONNECTIONS
Next Generation Science Standards, Life Science Disciplinary Core Idea
NGSS.LS1.B Growth and Development of Organisms
Reproduction is essential to the continued existence of every kind of organism. Plants and animals have unique and diverse life cycles.
Pumpkin Life Cycle Cards

seeds

sprout

vines

flower

green baby pumpkin

adult pumpkin
Life Cycle Scavenger Hunt Worksheet

Directions: In the circles below, draw a picture of your plant at each stage of its life cycle.

Name:                                                                          Date:

1. Seed
2. Baby plant
3. Grown-up plant (mature)
4. Plant that has flowered (because it has been pollinated)
5. Dead flowered plant
6. Plant that has new seeds or fruit
7. Dead plant with a plant with a dead flower (because it has been pollinated)